Free wellbeing support for small business owners and employees

Plus practical business advice and financial counselling

It's only normal in these challenging times for small business owners to sometimes feel stressed or overwhelmed. It's also normal - and important - to get support.

And it's now easy to do. Just call the Partners in Wellbeing Helpline and talk to one of our trained wellbeing coaches, financial counsellors or business advisors.

It's free. And there for you seven days a week.

PARTNERS IN WELLBEING HELPLINE 1300 375 330

9am-10pm Mon-Fri 9am-5pm Sat/Sun

business.vic.gov.au/wellbeing



Free wellbeing support

Our wellbeing coaches will work closely with you to help achieve your personal wellbeing goals.

Helpline consultations are free, confidential and provided on a one-on-one basis.

Free financial counselling and business advice

The Partners in Wellbeing Helpline can also connect you with financial counsellors and expert business advisors who can help with:

- improving your financial and staff management practices
- developing effective business strategies, risk management plans and exit plans.
- finding new customers and more efficient ways to operate.

There for you seven days a week

You can talk to a wellbeing coach from 9am to 10pm on weekdays and from 9am to 5pm on weekends.

You can also email at anytime, or chat online on the website. So contact us today. Because your wellbeing is vital to the health of your business.

PARTNERS IN WELLBEING HELPLINE 1300 375 330



business.vic.gov.au/wellbeing

Need an interpreter? You can ask for help in your language.

Authorised by the Victorian Government, 1 Treasury Place, Melbourne.